

Employee: _____ Claim#: _____ Date of Injury: _____

Employer: _____ Date of hire: _____

Position/Job Title: _____ DOT No: _____

Completed by: _____ Date completed: _____

I. Please describe the modified job position title:

A. Temporary position: ___ Yes ___ No **B. Permanent position:** ___ Yes ___ No

Comments: _____

C. Number of hours worked per day: _____ Number of days per week: _____

D. Please describe how often the employee must perform the following tasks using the key below:

KEY: **N/R** = Never/Rarely **O** = Occasionally 5-33% of the time **F** = Frequently 34-66% of the time **C** = Constantly 67-100% of the time

Part 1

___ Balancing	___ Fine Manipulation	___ Sitting	___ Vision
___ Climbing	___ Hearing	___ Standing	___ Walking
___ Crawling	___ Kneeling	___ Stooping	___ Walking
___ Crouching	___ Overhead work	___ Talking	___ Work on ladders
___ Driving	___ Reaching	Other (explain) _____	

Part 2

	1-10 lbs	11-20 lbs	21-50 lbs	51-100 lbs	>100 lbs
Lifting	___	___	___	___	___
Carrying	___	___	___	___	___
Pushing/Pulling	___	___	___	___	___
Handling	___	___	___	___	___

E. Types of machines and equipment used: _____

F. Environmental conditions: Primarily: ___ Indoor work ___ Outdoor work

Exposure to: ___ Extreme cold ___ Extreme heat ___ Electrical shock ___ Fumes/odors
 ___ Moving parts ___ Noise ___ Radiant Heat ___ Toxic Chemicals
 ___ Uneven surfaces ___ Unprotected heights ___ Vibration

G. The U.S. Department of Labor classifies five degrees of work in terms of lifting requirements.

Check the following degree of work this position requires.

- ___ **Sedentary Work:** Lifting 10 pounds maximum and occasionally lifting and/or carrying small articles and occasional walking and standing.
- ___ **Light Work:** Lifting 20 pounds maximum with frequent lifting and/or carrying of objects weighing up to 10 pounds. It involves sitting most of the time with a degree of pushing/pulling of arm and/or leg controls.
- ___ **Medium Work:** Lifting 50 pounds maximum with frequent lifting and/or carrying of objects up to 25 pounds.
- ___ **Heavy Work:** Lifting 100 pounds maximum with frequent lifting and/or carrying of objects no more than 50 pounds.
- ___ **Very Heavy Work:** Lifting objects in excess of 100 pounds with frequent lifting and/or carrying of objects weighing 50 pounds or more.